

FLAMINGO FOCUS

ROTARY CLUB BULLETIN

QUARTER OCTOBER-DECEMBER 2024



THE MAGIC OF ROTARY

A SEASON OF COMPASSION AND ACTION



THALASSEMIA
AWARENESS &
SCREENING DRIVE



ROTARY CLUB OF NAVI MUMBAI FLAMINGO CITY



Stephanie Urchick

President, Rotary International

This Rotary year, we are united under a powerful vision: to Create Hope in the World. But hope is not a passive concept.

It is something we shape with every act of service, every project we launch, and every hand we extend across continents and communities, I've witnessed Rotary clubs bring hope where it's most needed. Not just in the service we provide, but in the transformation we spark.

By feeding patients, empowering communities with lifesaving knowledge, and uplifting unsung heroes, you are giving hope a home.

Let us continue this journey – to inspire, to include, and to ignite change. Because when Rotary shows up, hope follows.

(inspired by the RI President's recent Messages to the Rotarians)



Dinesh Mehta

District Governor

Prevention is the key to a healthier life

As we approach the close of yet another vibrant quarter, I am filled with pride and admiration for the extraordinary service your club continues to deliver. Each project you've undertaken—from health and wellness to community recognition—has embodied the very spirit of Rotary.

Let us remember that every action we take, no matter how small, should reflect the essence of our motto: Service Above Self. The warmth you extend to those in need, the awareness you build in your neighborhoods, and the lives you touch through education and healthcare—these are the true measures of Rotary's impact.

While the calendar year draws to a close, our purpose does not. In fact, this is the moment to re-energize, to reflect on our journey, and to reaffirm our commitment to the causes we hold dear. Let's carry the Rotary torch forward with renewed passion, ensuring our efforts continue to ripple through communities far and wide.

Keep flying high. The world needs your light.

(inspired by the District Governor's recent Messages to the Rotarians in RotaryTimes@3142)



Rajni Shamsbery

President

Dear Flamingorians,

The past quarter has been an inspiring testament to the power of service and fellowship that defines our club. We opened our hearts and hands at TATA Memorial Centre, where our team helped feed 400 cancer patients and caregivers, offering not just meals, but compassion and comfort.

We equipped citizens to respond to emergencies through our CPR and BLS workshop, and we also educated 150 young professionals about genetic health at our Thalassemia Awareness and Screening Drive – empowering preventive care.

Through ROVEX, we celebrated six unsung heroes whose daily efforts often go unnoticed, reminding us all that dignity in service must always be honoured.

Each initiative reflected Rotary's core ethos – Service Above Self – and brought us closer as a club committed to real, lasting impact. My heartfelt thanks to our incredible team, especially Secretary Rtn. Meenakshi Bhalla and Project Director Rtn. K.K. Kushwaha, for leading with dedication and grace.

Let's carry this spirit forward – with unity, purpose, and pride in the work we do.

Yours in Rotary,

Rtn. Rajni Shamsbery

President 2024-25

RC Navi Mumbai Flamingo City

OFFICE BEARERS

*ROTARY CLUB OF
NAVI MUMBAI FLAMINGO
CITY*

President

Rajni Shamshery

Vice President

R K Pugalia

Secretary

Meenakshi Bhalla

Treasurer

K K Kushwaha

Director Membership

Vandana Kushwaha

Sgt. in Arms

S K Shamshery

Director TRF

K K Kushwaha

Director Youth Services

S K Shamshery

PI & PR

S K Shamshery

Director Projects

K K Kushwaha

Editorial

Telling our story, one act of service at a time.

Dear Flamingo Family,

As we look back on the final quarter of 2024, one truth shines through – Rotary is not about what we do, but why we do it.

From serving warm meals to patients at TATA Memorial Centre to recognising the quiet dignity of our community's unsung heroes, this quarter was a journey of heartfelt connections.

We didn't just execute projects; we shared moments. This bulletin is more than a record of events. It is a reflection of a club that believes deeply in people – in their strength, in their stories, and in the shared humanity that binds us. Every project was a ripple of hope, every smile a milestone in service.

Thank you to every Rotarian who gave their time, voice, and presence to bring these moments to life. Together, let's keep nurturing this spirit – one project, one ripple, one heart at a time.

In Service and Fellowship,

Rtn. Samir Kant Shamshery

Director - Public Image

RC Navi Mumbai Flamingo City


Rotary in Action

Serving More Than Food — Offering Comfort and Connection to the

Dinner for Cancer Patients & Caregivers

 **Venue:** TATA Memorial Centre Kharghar

 **Date:** October 2, 2024

 **Beneficiaries:** 400 patients & caregivers

 **Club Contribution:** ₹50,000

 **Rotarians Involved:** 15

Project Credits

Project Leads: Rtn. Rajni Shamsheery & Rtn. Meenakshi Bhalla

Contributing Donors: Five Flamingo Rotarians (₹10,000 each)

Partners: 15 Rotary Clubs of Navi Mumbai

Supported by: TATA Memorial Centre



Dinner for Cancer Patients & Caregivers at Kharghar

Flamingo City contributed ₹50,000, a sum raised through the heartfelt generosity of **five of our members who each donated ₹10,000**. This initiative supports a year-long meal sponsorship program that reaches over **400 beneficiaries every day**.

But this wasn't just about food. It was about **presence. Kindness. Eye contact. Listening**. It was about reminding people, in their most fragile moments, that they are seen, they are supported, and they are not alone.

As the evening drew to a close, the smiles of gratitude, the handshakes, and the shared silence painted a powerful picture — **service beyond statistics**.

This initiative is not just a project — it is a promise. A promise that **Rotary stands with those who fight hardest, often in silence**. Through every plate served, every conversation held, and every moment shared, we brought Rotary's motto to life: **Service Above Self**.

Rotary in Action

CPR & Basic Life Support Workshop at NRI Complex

“In Every Beat, a Chance to Save”

 **Venue:** NRI Complex,
Navi Mumbai

 **Date:** October 13, 2024

 **Participants:** 52
Residents

★ Project Credits

Project Lead:

Rtn. KK Kushwaha
Rtn. Meenakshi Bhalla

Supported by: RCNM
Flamingo City Board &
Management of Seawoods
Estates Limited



“Beating with Purpose: Empowering First Responders in Every Home”

Emergencies strike without warning. In those first critical minutes — before the ambulance arrives, before the doctor is near — the presence of a **calm, trained responder** can mean the difference between life and loss.

On **October 13, 2024**, the Rotary Club of Navi Mumbai Flamingo City conducted a **hands-on CPR and Basic Life Support (BLS) workshop** at the NRI Complex, empowering 52 community members with essential emergency response skills.

The session was designed for training of


- **CPR technique**
- How to perform **chest compressions and rescue breaths**
- When and how to use the **recovery position**
- Basics of handling choking, cardiac arrest, and trauma

The workshop was **organised and led by Rtn. K.K. Kushwaha**, Director of Projects, supported by **Rtn, Meenakshi Bhalla**, Club Secretary whose coordination with trainers and community groups ensured seamless Execution.

Rotary in Action

Celebrating the Hands That Build Our Days ROVEX – Rotary Vocational Excellence Awards

“In Every Beat, a Chance to Save”

 **Venue:** NRI Complex,
Navi Mumbai

 **Date:** October 13, 2024

 **Participants:** 52
Residents

Our Honoured Awardees:

- **Mr. Sandeep More** –
Postman
- **Mr. Irfan Khan** –
Fire Safety Attendant
- **Ms. Anita Yadav** –
Housekeeping Staff
- **Mr. Shyam
Gaikwad** – Security
Guard
- **Mr. Laxman
Kamble** – Electrician
- **Mr. Ramesh Pawar**
– Waste Collector

Project Credits

Project Lead:

Rtn. KK Kushwaha
Rtn. Meenakshi Bhalla

Community Support: NRI
Complex



Dignity in Service, Honour in Every Role

Too often, those who keep our lives running smoothly go unacknowledged. They are the people we pass every day — the postman, the guard, the sanitation worker — whose dedication is constant, quiet, and humble.

On **October 27, 2024**, the Rotary Club of Navi Mumbai Flamingo City hosted **ROVEX – Rotary Vocational Excellence Awards** to celebrate these very heroes. It was not just a felicitation event; it was a heartfelt moment of gratitude, filled with emotion, recognition, and community pride.

ROVEX wasn't just about appreciation — it was about visibility, **shining a spotlight on those who work behind the scenes**. The Rotary message was loud and clear: *every job matters, every role deserves dignity*.

This celebration was a reminder to all of us — to pause, to notice, and to thank those who often serve without ever being seen. And in doing so, Rotary lived its values of **inclusion, humility, and humanity**.

Rotary in Action

Health in a Drop, Awareness for a Lifetime

Thalassemia Awareness & Screening Drive

Upcoming Events & Glimpses

📌 Coming Up in Jan–Mar 2025:

- Lohri District Celebration
- Republic Day Flag Drive
- Women's Day Empowerment Talk
- District Learning Assembly

Speakers

Rtn. S. Premkumar – ETN Zonal Director

Rtn. Nandita Das – Zonal Coordinator

Rtn. Jagdish Jadhvani – ETN Chair for Navi Mumbai

🌟 Project Credits

Project Lead:

Rtn. KK Kushwaha
Rtn. Meenakshi Bhalla



Changing Tomorrow Through Informed Choices

On December 27, the Rotary Club of Navi Mumbai Flamingo City took a major step in preventive healthcare by organising a **Thalassemia Awareness and Screening Drive** at **ApMoSys Technologies**. The goal was clear — educate, empower, and enable young adults to take control of their health.

The drive reached over **150 participants**, with **57 opting for voluntary blood screening** — a testament to the impact of awareness when coupled with access.

The program also marked a new milestone in **Rotary-corporate partnerships**, with ApMoSys leadership commending the initiative and expressing eagerness for future collaborations.

President **Rtn. Rajni Shamshery** thanked the ETN team and reiterated Rotary's commitment to **building a culture of proactive wellness**.